What is Claimed is:

1. A method for genotyping the β_2-adrenergic receptor (β_2AR) gene of an individual, which comprises determining the identity of the nucleotide pair at the 5' leader cistron (5'LC) polymorphic site (PS) in the two copies of the β_2AR gene present in the individual.

2. The method of claim 1, wherein the determining step comprises

(a) isolating from the individual a nucleic acid mixture comprising both copies of the β_2AR gene, or a fragment thereof, present in an individual;

(b) amplifying a target region containing the 5'LC PS; and

(c) detecting the presence of one or both of cytosine or thymine at the 5'LC PS.

3. The method of claim 2, wherein the detecting step comprises:

(a) incubating the amplified target region with MspA1I; and

(b) analyzing the incubation mixture for the presence of MspA1I digestion products.

4. The method of claim 2, wherein the detecting step comprises hybridizing the amplified target region with an allele-specific oligonucleotide (ASO) probe which specifically hybridizes to a β_2AR 5'LC allele comprising the thymine polymorphism or to a β_2AR 5'LC allele comprising the cytosine polymorphism.

5. The method of claim 4, wherein the ASO probe comprises a nucleotide sequence selected from the group consisting of SEQ ID NO:5, the complement of SEQ ID NO:5, SEQ ID NO:6, and the complement of SEQ ID NO:6.

6. The method of claim 2, wherein the detecting step comprises sequencing the amplified target region.

7. The method of claim 2, wherein the amplifying step is performed by the polymerase chain reaction method using at least one allele-specific primer which specifically hybridizes to a β_2AR 5'LC allele selected from the group consisting of a first β_2AR 5'LC allele comprising the thymine polymorphism, the complement of the first β_2AR 5'LC allele, a second

β_2AR 5'LC allele comprising the cytosine polymorphism, and the complement of the second β_2AR 5'LC allele.

8. The method of claim 7, wherein the allele-specific primer is selected from the group consisting of SEQ ID NO:7, SEQ ID NO:8, SEQ ID NO:9 and SEQ ID NO:10.

9. A method for detecting which 5' β_2AR 5'LC peptide variant is expressed in an individual, which comprises contacting a biological sample from the individual with a first antibody that is specifically immunoreactive with a first 5'LC peptide variant and detecting a complex formed between the first antibody and the first 5'LC peptide variant.

10. The method of claim 9, further comprising contacting the biological sample with a second antibody that is specifically immunoreactive with the second 5'LC peptide variant and detecting a complex formed between the second antibody and the second 5'LC peptide variant.

11. The method of claim 1, which further comprises determining the identity of the nucleotide pair at one or more additional polymorphic sites in the β_2AR gene.

12. The method of claim 10, wherein the additional polymorphic sites are selected from the group consisting of -20PS, +46PS, +79PS, +100PS and +491PS.

13. A composition comprising at least one allele-specific oligonucleotide (ASO) that specifically hybridizes to a β_2AR polynucleotide at a region containing the 5'LC polymorphic site.

14. The composition of claim 13, wherein the ASO is a probe comprising a nucleotide sequence selected from the group consisting of SEQ ID NO:5, the complement of SEQ ID NO:5, SEQ ID NO:6, and the complement of SEQ ID NO:6.

15. The composition of claim 13, wherein the ASO is a primer comprising a nucleotide sequence selected from the group consisting of SEQ ID NO:7, SEQ ID NO:8, SEQ ID NO:9 and SEQ ID NO:10.

16. A method for haplotyping the β_2-adrenergic receptor (β_2AR) gene in an individual, comprising

(a)   isolating from the individual a nucleic acid molecule containing only one of the two copies of the β_2AR gene, or a fragment thereof, that is present in the individual; and

(b)   determining the identity of the nucleotide at two or more additional polymorphic sites.

17. The method of claim 16, wherein the additional polymorphic sites are selected from the group consisting of -20PS, +46PS, +79PS, +100PS and +491PS.

18. A method for predicting an individual's genotype for at least one coding block polymorphic site (cb PS) in the β_2-adrenergic receptor gene, which comprises determining the individual's genotype for the 5′ leader cistron polymorphic site (5′LC PS) and assigning a genotype for the cb PS which is consistent with the individual's 5′LC PS genotype, wherein the cb PS is selected from the group consisting of +46PS and +79PS.

19. A method for determining the frequency of a β_2AR genotype or haplotype in a population, comprising

(a)   determining the genotype or the haplotype pair for the β_2AR 5′ gene that is present in each member of the population and

(b)   calculating the frequency any particular β_2AR genotype or haplotype is found in the population.

20. The method of claim 19, wherein the population is a trait population and the trait is selected from the group consisting of congestive heart failure, ischemic heart disease arrhythmia, hypertension, migraine asthma, chronic obstructive pulmonary disease (COPD), anaphylaxis, obesity, diabetes and premature labor.

21. A method for identifying an association between a polymorphism in the β_2AR 5′ leader cistron and a trait, which comprises comparing the frequency of the polymorphism in a population exhibiting the trait with the frequency of the polymorphism in a reference population, wherein a higher frequency of the polymorphism in the trait population than in the reference population indicates the polymorphism is associated with the trait.

22. The method of claim 21, wherein the trait is susceptibility to a disease or condition selected from the group consisting of congestive heart failure, ischemic heart disease arrhythmia, hypertension, migraine, asthma, chronic obstructive pulmonary disease (COPD), anaphylaxis, obesity, diabetes and premature labor.

23. The method of claim 22, wherein the trait is response to an agonist or antagonist of β_2AR.

24. A method for predicting a patient's predisposition to a disease or condition modified by the β_2AR, which comprises determining the individual's genotype for the β_2AR 5′LC polymorphic site.

25. The method of claim 24, wherein the disease or condition is selected from the group consisting of congestive heart failure, ischemic heart disease arrhythmia, hypertension, migraine, asthma, chronic obstructive pulmonary disease (COPD), anaphylaxis, obesity, diabetes and premature labor.

26. A method for predicting a patient's bronchodilating response to an agonist of β_2AR, which comprises determining the patient's genotype for the β_2AR 5′LC polymorphic site, wherein a patient who is homozygous T at this site is unlikely to exhibit a bronchodilating response to the agonist.

27. The method of claim 26, wherein the agonist is albuterol.